



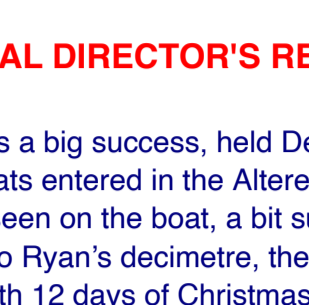
January 3, 2024

JANUARY EVENTS

- Jan 12 - Pub Quiz Night - Fairwinds Golf Club 7:00 p.m
- Jan 14 - Ken Woodward Hot Rum Series #1
- Jan 17 - Ladies Luncheon - hosted by Linda Watson
- Jan 17 - Gent's Pub Lunch - Rod & Gun Pub
- Jan 28 - Ken Woodward Hot Rum Series #2

UP COMING EVENTS

- Feb 9 - Music Bingo - Fairwinds Golf Club *SAVE THE DATE*
- Feb 11- Ken Woodward Hot Rum Series #3
- Feb 25 - Ken Woodward Hot Rum Series #4
- TBA - Speaker Series



SOCIAL DIRECTOR'S REPORT

The Racer's Christmas Party was a big success, held Dec 3 at the Rockinghorse Pub. There were 43 guests, with 6 boats entered in the Altered Christmas Carol. Some boats had crew that have never been seen on the boat, a bit suspicious, ??? but the performances were great! According to Ryan's decimetre, the winner was Regallo. There was a group sing event with 12 days of Christmas that went well – most people remembered when their birthdays were!
The food was good, and the service was very good.
The club subsidized each plate by \$10 + gratuity 18%.
Everyone seemed to have a good time, which is the only goal.

Boat Light Up was very enjoyable. The weather cooperated and we had no wind and no rain. Can't expect much more than that in December.
The marina did not participate in the light up this year. SCYC had 6 boats decorated for the season, which is pretty good considering the lousy weather leading up to the event. There were 18 of us at the NBC for dinner/snacks and drinks following light up.

The winners were:

1st place – Early Dawn: Mike and Grace Norman: \$75 gift card to NBC and a box of chocolates

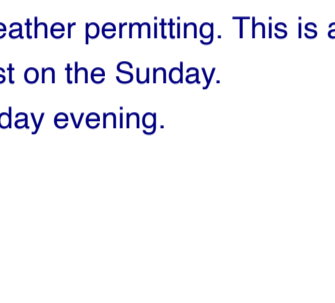
2nd place – Natural High – Bruce and Joanne Petrie: \$50 gift card to NBC and a box of chocolates

3rd place – Blue Heron – Peter and Ann Milne: \$50 gift card to NBC and a box of chocolates

Congratulations to the winners!

Sealion Cruise held Jan 1 – Great weather, enough wind to keep the sailors happy and NO rain. A great cruise out to see the sea lions, whose numbers were down considerably from last year.

Grace Norman
Social Director



STAFF CAPTAIN'S REPORT

The Holidays are over, so it's time to start planning next year's cruises in earnest. Below find the tentative dates for our 2024 cruises.

SPRING CRUISES

April-May

May 3-4 - **Newcastle Island** Weather permitting. This is a Friday/Saturday cruise so it doesn't conflict with the Sail Past on the Sunday.
Dinner at the Dingy Dock on Friday evening.

May

May 25-26 - **Jedediah**
BBQ on the Green.

Both of the Spring Cruises are weather permitting, and will be rescheduled if possible if the weather doesn't cooperate!

SUMMER CRUISES

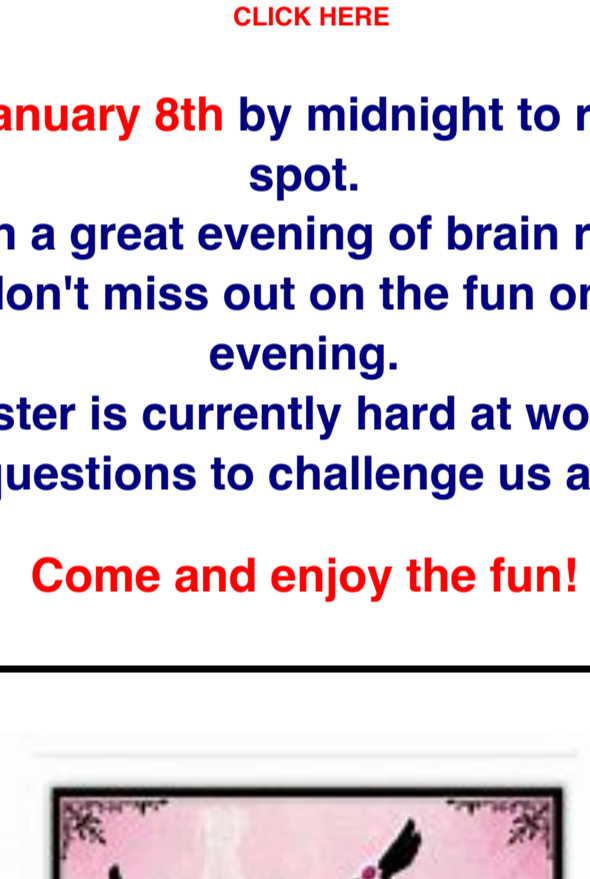
June

June 22 to 30 Cruise to **Desolation Sound**
I have started to plan the cruise to Desolation Sound, if anyone has any requests or suggestions of favourite places in Desolation I'm happy to hear them.

August

Telegraph Harbour Rendezvous Aug 23-26
We are returning to Telegraph Harbour for our Rendezvous again as it is the most suitable location. Watch this space for more details as I get them.

Helen Chapman
Staff Captain



PUB QUIZ NIGHT JANUARY 12, 2024

**FAIRWINDS GOLF AND COUNTRY CLUB
ARBUTUS ROOM
7:00 - 9:00 P.M**

**EVERYONE WELCOME
ORDER FROM THE MENU
THE BAR WILL BE OPEN FOR PURCHASING
DRINKS
RSVP**

[CLICK HERE](#)

Deadline January 8th by midnight to reserve your spot.

It has been a great evening of brain racking and cheer so don't miss out on the fun on a January evening.

Our Quiz Master is currently hard at work developing questions to challenge us all!

Come and enjoy the fun!



LADIES LUNCHEON JEWELLERY EXCHANGE

JANUARY 17, 2024

**Don't we all have bangles and bobbles we never wear anymore?
We have heard the expression that one woman's junk is another woman's treasure, right?**

Come for lunch and bring along your **junk to swap for some **treasure**. One item for one item.**

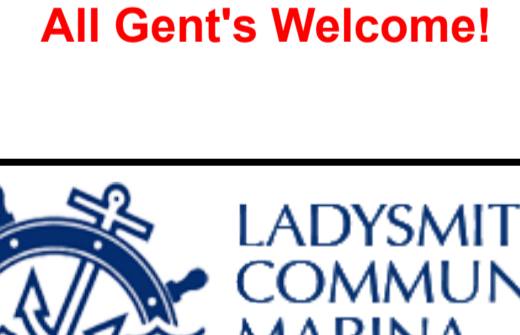
**Please bring an appetizer.
Dessert, tea and coffee provided.**

**Hosted by Linda Watson
3776 - Mallard Place
Nanoose**

RSVP by January 15

lindajwatson.watson@gmail.com

GENT'S PUB LUNCH



**Rod and Gun Pub
Parksville
January 17, 2024 12:00 p.m.
Our first of the year!
Come on out for lunch.**

All Gent's Welcome!



**LADYSMITH
COMMUNITY
MARINA**

An Important Message From the President

Please [CLICK HERE](#) to read the message.



**Council of
BC Yacht Clubs**

Advocating for Recreational Boaters



There is some fabulous information included in the Marine Education & Research Society Annual Report.

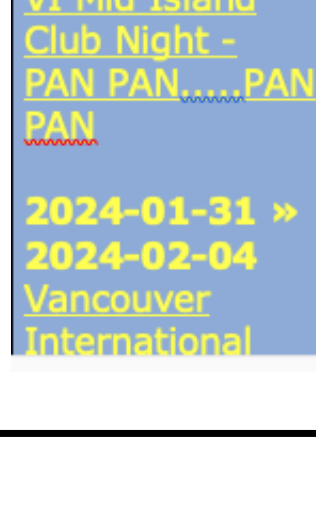
Check it out for some interesting reading!

Please [click HERE](#) to read the entire report.

AN EDUCATIONAL OPPORTUNITY FOR ALL BOATERS AT SCYC FROM BLUEWATER CRUISING

Go on their website

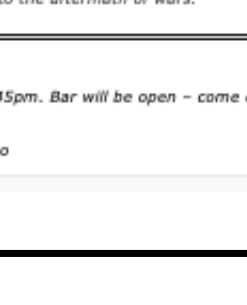
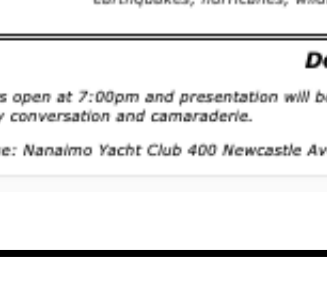
bluwatercruising.org for further information and registration.



**BLUEWATER CRUISING VI MID-ISLAND GROUP
THURS, JANUARY 18 CLUB NIGHT PRESENTATION**

PAN PAN.....PAN PAN

Join **Dr LeBlanc** as she shares her Insights and Strategies for Coping with Disaster at Sea.



Dr. LeBlanc and her husband have been sailing and cruising for decades aboard their boat Lucky Dog. In April of 2023 they experienced their entire rudder snapping off in the middle of the Pacific Ocean as they crossed from Mexico to the Marquesas, ultimately necessitating their rescue by a following cruiser going to Hiva Oa. Weeks later they sailed hundreds of miles with a hired boat and captain to successfully find and rescue Lucky Dog, install a newly built emergency rudder, and sail her back through big seas and dangerous conditions 19 days later.

The presentation will discuss immediate and later psychological impacts of this type of large-scale event in order to help sailors understand what are the normal and expected emotional responses to disasters at sea, the cognitive and practical implications—both immediately and longer term—as well as various methods to help optimize coping and effectiveness throughout. Finally, tips for supporting your fellow cruisers who have experienced devastating events will be provided, in order to help us all continue to be the supportive community we aspire to be.

Biography:
Dr. Joanne LeBlanc is a Registered Psychologist in BC, who is a neuropsychologist and also specializes in the mental health impact of disasters and unexpected traumatic events upon individuals. She has consulted with many organizations, including the Canadian Olympic Committee, in respect to psychosocial disaster planning and has deployed globally following earthquakes, hurricanes, wildfires, and to the aftermath of wars.

Details:
Doors open at 7:00pm and presentation will begin at 7:45pm. Bar will be open - come early to enjoy conversation and camaraderie.
Venue: Nanaimo Yacht Club 400 Newcastle Ave, Nanaimo

We keep you posted!

[Visit our Website](#)

[Unsubscribe](#)